

Course Outline

Health Care Cost and Quality

One-Credit Course

Introduction

- I. Health Insurance Basics
- II. Managing Health Care Cost and Quality

Estimated Time to Complete: 10 minutes

Controlling Costs Through the Health Plan

- I. Factors Related to the Plan that Affect the Cost of Care
- II. Utilization Management
- III. Allowable Charges
- IV. Balance Billing for Out-of-Network Care
- V. Changes to Balance Billing Starting On or After January 1, 2022
- VI. Costs Not Covered by Health Plans
- VII. Price Transparency
- VIII. Monitoring Claims

Estimated Time to Complete: 30 minutes

Controlling Costs by Maintaining Good Health

- I. Personal Factors That Affect the Cost of Care
- II. Preventive Care Often Covered by Plans
- III. Workforce Wellness Programs
- IV. Disease Management Programs
- V. Precision Medicine

Estimated Time to Complete: 20 minutes

Seeking Quality Health Care

- I. Impact of High-Quality Health Care
- II. Defining Health Care Quality
- III. Barriers to Quality Health Care
- IV. Approaches to Measure Quality of Health Care

Estimated Time to Complete: 20 minutes

Assessing Health Care Options Based on Quality

- I. Quality of a Health Plan
- II. Quality of a Doctor
- III. Quality of a Hospital
- IV. State Report Cards

Estimated Time to Complete: 20 minutes

NOTE: The estimated time to complete each lesson is based on word count and assumes uninterrupted consumption of the course. Actual time to complete each lesson can vary widely based on familiarity with the topics and other factors. Time required to complete the course final exam is not counted in these estimates.

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