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Dr. Ryan Todd is a psychiatrist and technologist, founding the workplace mental health and resilience platform, headversity. Dr. Todd is also an award-winning documentarian, a Top 40 Under 40 recipient with *Avenue* magazine, a published researcher, and the host of the popular human resources podcast, *Beyond the Checkbox*. Through headversity, Dr. Todd envisions getting the core training skills out of the backlogged mental health system and into employees' hands.