

## **Big Daddy Tazz** Motivational Speaker and Comedian Winnipeg, Manitoba

After years of denying that he had the mental illnesses that were controlling his life, Big Daddy Tazz realized that being a bipolar, socially anxious, obsessive-compulsive dyslexic with ADHD could either destroy or enhance his life . . . The choice was his. Today, audiences are happy to join him on his rapid cycle ride down the never-ending road to recovery as he tours North America. Often described as "one of the most talented comics in the business," Tazz has been delighting crowds at fundraisers, corporate events and festivals as well as on television for more than 30 years. Equal parts comedian and mental health advocate, he has brought forth light and laughter for those living with mental illness by raising awareness on how stigma affects us all. Tazz believes in educating, embracing and empowering everyone so that we can all stand tall and give stigma a bad name. His comedy appearances have included the prestigious Just For Laughs festival in Montreal, the Moncton Comedy Festival, and the CBC Winnipeg Comedy Festival, which can be seen frequently on CBC Television and the Comedy Network. This year, he is the proud recipient of a Candy Award (founded by John Candy's children) for his comedy career and work in mental health.