



**Mettie Spiess, CWP, CPHSA**

**CEO and Founder  
A World Without Suicide Training & Consulting  
Flintstone, Georgia**

Mettie Spiess is a global workplace mental health expert, five-time award-winning keynote speaker, and the founder of A World Without Suicide (AWWS) Training & Consulting. Dubbed the “stigma-crusher” by some of the world’s most influential organizations including Kohler, Syngenta, and the Department of Defense, Mettie Spiess is the expert to connect with if your goals include mentally resilient employees, stigma-free work environments, and psychologically safe leaders! As a trusted trainer to over 180 employers in 22 industries across 43 countries, Mettie has strategically designed effective, sustainable mental health safety programs for over a decade. Mettie received the Education Advancement Award from the National Alliance on Mental Illness and the Giving the Best to our Nation Honor from the U.S. Army for her work to eliminate the stigma associated with mental illness. Forbes, ABC’s 20/20, and HR Daily Advisor are among the trusted media outlets that feature Mettie’s innovative thought leadership.