



**Lauren Scott, B.A. (Hons.),
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Lauren Scott is the director of peer support services at Mental Health Innovations. With over 20 years of experience in senior leadership positions within the health care sector, she has dedicated the last decade of her career to championing peer support. Lauren focuses on leveraging individuals' lived experiences to support others on their journey, ensuring that everyone has the opportunity to receive emotional and social support from someone who "has been there." She is recognized as a subject matter expert in peer support, having designed and managed programs across diverse settings, including first responder organizations, government agencies, communities and health care systems. Lauren has trained hundreds of peer supporters, believing that spending time with them can offer hope for the future. She is also a licensed therapist with a master of arts degree in counselling psychology, a master of health services administration degree, and a bachelor of arts degree (with honours).