



Meg Patterson, Ph.D., M.P.H.

**Associate Professor
Texas A&M University
College Station, Texas**

Meg Patterson, Ph.D., M.P.H., is an associate professor in the Department of Health Behavior at the Texas A&M University School of Public Health. Her research centers on social network analysis (SNA), which she uses both as a methodological approach and theoretical framework to examine relational dynamics that shape behavioral outcomes, social support systems, and structural change. Meg's commitment to SNA is grounded in her belief that meaningful relationships are foundational to health and well-being. This principle has guided a growing body of work: 75 of her 118 peer-reviewed publications utilize SNA as a central analytic tool, and she has helped secure over \$8 million in research funding for projects exploring the importance of social networks and connectedness. Meg earned her Ph.D. degree from Texas A&M University in 2016, her master of public health degree from Baylor University in 2012, and her bachelor of arts degree in psychology from Baylor in 2009. She served as director of wellness at Baylor from 2013 to 2018 before joining the Texas A&M faculty.