



Karen Moseley
President and CEO
Health Enhancement Research Organization
Raleigh, North Carolina

Karen Moseley is president and CEO of the Health Enhancement Research Organization (HERO), a national think tank dedicated to advancing best practices in employee health and well-being. Having worked in the nonprofit sector for more than 30 years, Karen has managed the development and dissemination of a number of publications and educational conferences, in addition to a number of grant-funded projects. She is the 2021 recipient of the Leader in Workplace Wellness Award presented by the Global Wellness Summit and was recognized as one of “The Most Influential Women Leaders in Health Promotion” by the *American Journal of Health Promotion*. Karen received her bachelor of science degree in business administration from the University of North Carolina at Chapel Hill. To stay healthy, Karen enjoys yoga, testing new healthy recipes and being outdoors with her family and dogs.