

Jess Morris, M.S.

Program Director, Employee Wellness and Engagement
University of Colorado Boulder
Boulder, Colorado

Jess Morris serves as program director for employee wellness and engagement, overseeing the WorkWell program for faculty and staff at CU Boulder. A proud Forever Buff, she earned both her B.A. degree in Spanish and secondary education and her M.S. degree in organizational leadership from CU Boulder. Over her ten years on campus, Jess has held student- and employee-facing roles across arts and sciences, human resources, and employee health and well-being. She led CU's adoption of the Okanagan Charter in 2023, helping CU become one of the first 20 Health Promoting Universities in the United States. Jess is passionate about fostering a culture of workplace well-being through awareness, innovative programming, and systems-level support.