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Melisa is a Certified Vocational Rehabilitation Professional fellow CVRP(F) with TSA credentials as well as a Return to Work Disability Management (RTWDM) Professional and Registered Rehabilitation Professional (RRP) through the Vocational Rehabilitation Association of Canada. She is PGAP certified and has experience creating customized rehabilitation programs for individuals with mental illness and/or chronic pain. Melisa has taken a wide range of courses relating to chronic pain management and mental health. Melisa started her career in the insurance industry as a disability case manager and has been a rehabilitation consultant for 15 years, providing a range of disability management and employment services. She has a special interest in chronic pain management programs and improving function in those facing chronic pain conditions as well as mental resilience and burnout prevention.