



**Angela Johnson**

**CEO and Co-Founder  
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Angela Johnson, CEO and co-founder of sanoLiving, leverages her extensive expertise as the founder of Medical Confidence and former IBM leader to transform women's midlife health. Through AI-powered telemedicine and expert coaching, sanoLiving empowers women to tap into their "inpower" – inner strength. Women receive personalized support, from navigating mammograms and bone density tests to managing sleep, diet, exercise, and mental health as well as accessing safe, effective treatments. The platform also offers therapies for pelvic floor and sexual health. Angela's personal journey with perimenopausal and postmenopausal symptoms drives her mission to help women thrive through midlife, rather than simply endure it.