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Mary Imboden is a principal research scientist in the Center for Cardiovascular Analytics, Research and Data Science within Providence's Heart and Vascular Institute, where she oversees system-wide health care research and quality improvement initiatives. Mary also serves as a research fellow at the Health Enhancement Research Organization (HERO), managing the HERO Health and Well-Being Best Practices Scorecard and HERO Worker Well-Being Clearinghouse, Powered by the NIOSH WellBQ. Prior to her current role, Mary was the chair of the Kinesiology Department at George Fox University and the director of research at HERO. Mary is involved in several local and national committees, including the Physical Activity Policy Research and Evaluation Network and the Wellbeing Think Tank. She obtained her doctorate degree in human bioenergetics from Ball State University and her master's degree in health and exercise science from Wake Forest University.