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Acey Holmes, M.S., CCC-SLP, is the founder and CEO of BoredLess, a consulting firm specializing in Playful Work Design. With a background in neuroscience, speech-language pathology, and adult learning, Acey helps organizations and leaders harness play as a powerful tool for creativity, connection, and peak performance. Her work is grounded in the IGN!Te Framework—a research-informed model for workplace transformation through inclusive culture, psychological safety, mission-driven work, and flexible environments. Acey has spoken at TEDx and various national conferences, and she has contributed to thought leadership in organizational well-being and neurodiversity. Acey has developed impactful workshops for clients ranging from startups to global enterprises, including a Fortune Global 500 company. She holds a master's degree in communication sciences and disorders from Longwood University and a clinical certification from ASHA, and she has spent significant time in the study of flow theory, psychological safety, and adult learning design. Her tools and strategies are used by HR professionals, health promotion leaders, and educators across the country. Acey lives in Colorado, where she explores the science of play and scribbles birds on notepads daily. Her fun fact is that she hates fun facts.