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Jessica Grossmeier, Ph.D., M.P.H., is an award-winning researcher, speaker and author of *Reimagining Workplace Well-Being: Fostering a Culture of Purpose, Connection and Transcendence*. As a leading authority in workforce well-being, she collaborates with employers and well-being service providers to create evidence-based strategies. Jessica is a highly sought-after speaker with over 80 articles published in prestigious journals. She's also judged national well-being awards (including the C. Everett Koop National Health Award), co-leads the Global Wellness Institute's Workplace Wellbeing Initiative and serves on several advisory boards. Jessica holds doctoral and master's degrees in public health, specializing in community health education.