

Angela Fitch, M.D., FACP, FOMA, DABOM

Co-Founder and Chief Medical Officer Knownwell Needham, Massachusetts

Angela Fitch is the co-founder and chief medical officer of Knownwell, a comprehensive, longitudinal, virtual, and in-person care clinic for patients with overweight and obesity, focusing on the management of the chronic disease of obesity across the patient's lifespan (age 13 years and up). Knownwell combines primary care and obesity medicine in one clinic ecosystem to offer holistic care for people with obesity. Dr. Fitch earned her medical degree from the University of Cincinnati College of Medicine, Cincinnati, Ohio, and completed a combined residency in internal medicine and pediatrics at the University of Cincinnati and Cincinnati Children's Hospital. She is board certified in internal medicine, obesity medicine, and pediatrics. Previously, Dr. Fitch was the co-director of the Massachusetts General Hospital Weight Center, Boston, Massachusetts, and an assistant professor of medicine at Harvard Medical School, Boston. Dr. Fitch is a key opinion leader in the field of obesity medicine and a recognized international expert in the treatment of patients with obesity. She is a Fellow of the American College of Physicians (FACP), a Fellow of the Obesity Medicine Association (FOMA), and a member of the American Medical Association. Dr. Fitch is also the current president of the Obesity Medicine Association. She has presented at industry conferences, including the American Society for Metabolic and Bariatric Surgery, the American Association of Clinical Endocrinology, and The Obesity Society's ObesityWeek. Dr. Fitch has led a variety of community education initiatives focused on weight and wellness. She has also served as a speaker for a variety of podcasts on obesity and for regional, national, and international webinars, including several hosted by the Obesity Medicine Association. Dr. Fitch is the author of health care guidelines on the prevention and management of obesity in children and adolescents. Her research has been published in relevant journals, including Obesity Pillars, Current Obesity Reports, JAMA Pediatrics, and Obesity.