



Tramaine EL-Amin, M.A.

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Tramaine EL-Amin currently serves as the vice president for Mental Health First Aid USA® at the National Council for Mental Wellbeing in Washington, D.C. In this role, she leads the strategic growth of a mental health social enterprise in the United States. As a certified national trainer and social impact executive, Tramaine has contributed to equipping more than 3 million individuals to recognize signs and symptoms related to mental health issues, substance use and suicide across the country. Prior to her tenure at the National Council, she led a portfolio of health equity initiatives at the City of Philadelphia Department of Behavioral Health and Intellectual disAbility Services (DBHIDS), a publicly held behavioral health managed care organization. Tramaine's efforts focused on public health promotion, community engagement, legislative change management and a strategic approach to addressing public mental health disparities for more than 1.5 million youth and adults throughout Philadelphia. She earned her bachelor's and master's degrees from Arcadia University and Eastern University, respectively.